

# Construction Helper

**Posted By:** Proficient Constructions Ltd.

**Location:** Calgary

**Salary:** \$26.00 Per Hour

**JOB ID :** RJ3229074

**Posting Date :** 24-Jul-2025

**Expiry date :** 20-Jan-2026

**Education :** Secondary (high) school graduation certificate

**Language :** English

**Vacancies :** 2

**Years of Experience :** Fresher (less than 1 year)

**Job Type :** Full Time

## Job Description

Employer: Proficient Constructions Ltd.

Position: Construction Helper

Address: Unit 201F, 3740 11A Street NE, Calgary, AB T2E 6M6

Wage Rate: \$26.00

Weekly Hours: 30-40

Employment Type: Full-time Permanent

Start Date: As soon as possible

Vacancy: 2

Languages: English

Education: Secondary (high) school graduation certificate

Experience: Will train

Work site environment:

- Dusty
- Noisy

Tasks:

- Load, unload and transport construction materials
- Erect and dismantle concrete forms, scaffolding, ramps, catwalks shoring and barricades
- Assist in framing houses, erecting walls and building roofs
- Clean and pile salvaged materials
- Perform routine maintenance work
- Clean up chemical spills and other contaminants
- Remove rubble and other debris at construction sites
- Direct traffic at or near construction sites

Weight handling: Up to 23 kg (50 lbs)

Personal suitability:

- Dependability
- Flexibility
- Reliability
- Team player
- Hardworking

How to apply

By email: [jobs.proficientconstruction@yahoo.com](mailto:jobs.proficientconstruction@yahoo.com)

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